* **Encourage all children to walk or cycle to school this week**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
| 9:00- 9.15 | Bizzy breaks/games in the classroom. | Bizzy breaks/games in the classroom. | Bizzy breaks/games in the classroom. | Bizzy breaks/games in the classroom. |  |
| 9.30-10.00 | Zumba with Darren  Infants | SCHOOL WALK  2.5KM Junior Children  8KM Senior Children |  |  | Sports Day |
| 10.00-10.45 | Zumba with Darren  1st& 2nd | SCHOOL WALK  2.5KM Junior Children  8KM Senior Children |  |  |  |
| 10.45-11.00 | Break – Disco using speaker on the yard | Break – Disco using speaker on the yard | Break – Disco using speaker on the yard | Break – Disco using speaker on the yard |  |
| 11.00-12.00 | Zumba with Darren  3rd& 4th | SCHOOL WALK  2.5KM Junior Children  8KM Senior Children | Bicycle/scooter obstacle course | Tug of War competition | Sports Day |
| 12.10-12.25 | Zumba with Darren  5th& 6th |  | Bicycle/scooter obstacle course | Tug of War competition |  |
| 12.30-1.00 | Lunch- Disco using speaker on the yard | **School closed @12 for in service** | Lunch- Disco using speaker on the yard | Lunch- Disco using speaker on the yard |  |
| 1.00-2.00 |  |  |  |  | Sports Day |
| 2.00- 2.40 | Teachers v 6th class  soccer |  |  | Teachers v 6th class  basketball | Teachers v 6th class  dodgeball |

Bizzy breaks activities on - <https://irishheart.ie/publications/?cat=944>Classroom games - <https://physedreview.weebly.com/the-super-seven.html>